



Team Captain's Package #1

Thank you for registering a team for the Carolina Beach Dragon Boat Regatta and Festival on Saturday, September 17, 2016. We are very excited for this 3rd annual event in Carolina Beach in support of Step up for Soldiers.

At any time leading up to the Festival, you can visit www.carolinabeachdragonboat.com for more information. Navigating to the [Team Captain's Info](#) page will be a great resource to you as you corral your team and prepare for the big day!

To start, please ensure that you have paid your team registration fee:

Fees can be paid online by scrolling to the bottom of the [Team Registration](#) page. Click the **Buy Now** button opposite your team entry type. This will take you to PayPal. If you'd like to pay by check, please make checks payable to and sent to:

High Five Dragon Boat, LLC
908 E 131st Avenue, Unit B
Tampa, FL 33612

Next, there are 2 important deadlines for you:

- 1) Submit your **Team Roster** (attached in email) no later than **Monday, September 12th** to jill@highfivedragonboat.com
- 2) Have all of your team members sign the **online waiver of liability** (see below) no later than **Wednesday, September 14th**

Waiver of Liability Instructions:

All participants are required to sign a waiver of liability. Paddlers, drummers or steers who do not sign the waiver will not be allowed to participate. Minors (under the age of 18) are required to have their parents sign the waiver for them.

1. Please have all of your team members sign the online waiver prior to Wednesday, September 15th.
2. This waiver can be accessed the following ways:
 - a. Using this exact url address: <http://www.carolinabeachdragonboat.com/waiver.html>
 - b. Going to the event website: www.carolinabeachdragonboat.com; clicking on the Team Captain Info submenu (under the Enter a Team menu item); and clicking on "Waiver"
3. If you have a teammate who cannot access the online waiver due to security purposes at work, or inability to access a computer or smartphone, please request a paper waiver to have them sign.
4. Paper waivers are only acceptable in circumstances outlined in #3 or for last minute additions to your roster the morning of the races (September 17th), we like to be GREEN and it helps us be better organized in the event of an emergency.



Finally, schedule your team’s practice session prior to race day:

Each team is provided with a one-hour practice session to prepare for race day. Some things to keep in mind:

- Practice is highly recommended, but not required.
- All paddlers do not have to attend practice, but again, it is highly recommended
- High Five Dragon Boat provides your team with a coach, steersperson, the boat, paddles and lifevests
- Practices are located at Gibby’s Dock and Dine at the Yacht Basin on Thursday, September 15th and Friday, September 16th.

To schedule your practice, please email jill@highfivedragonboat.com with your first AND second choice based on the open times below. She will confirm your choice by return email. **This schedule is updated with team names on the event website** as teams select a slot. To view the most up to date practice schedule, please visit the [Team Captain’s Info](#) page on the event website.

PRACTICE	Boat 1	Boat 2	Boat 3
Thursday, Sept 17			
4:00 PM			N/A
5:00 pm	Drink or Sink	Sub Mariners	N/A
6:00 pm	Cruisin’ Islanders	Racing Flamingos	N/A
7:00 pm	Cut N Up	High Tide	N/A
Friday, Sept 18			
4:00 PM			
5:00 pm			
6:00 pm			
7:00 pm			

Please advise your team members to bring some of the following comfort items to practice (and on race day):

- Bottled water
- Shoes you don’t mind getting wet
- Sunscreen/hat/sunglasses
- Team “drybag” for keys and cell phones
- “Butt pad” or towel to sit on while practicing (try a garden kneeling pad!)

This is the first of 2 Team Captain’s Packages. The next one will discuss:

- Schedule of events for September 17th (race day!)
- Other events and activities surrounding race day (i.e., food vendors, parties, awards)
- Venue map and layout
- Racing schedule
- Final updates and announcements

If you have any questions, please feel free to contact us:

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 813.426.3544

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